

Main Street Café

Monday - Friday

6:30 a.m. - 2:00 p.m.

Week of November 16, 2009

Monday:	Chicken Gumbo Soup	\$1.50
	Vegetarian Split Pea Soup	\$1.50
	Pizza - Three Mushroom with Portobello, Shiitake and Button	\$2.95
	Panini - Smoked Turkey on Kaiser Roll with Cajun Onion Tomato Compote and Provolone Cheese	\$4.25
	Quesadilla - Beans and Cheese	\$3.25
	Sesame Crusted Salmon crusted with Sesame Seed with Brown Rice, Soy Syrup and Wasabi Cream and Asian Slaw	\$4.50
	Tuesday:	Bean and Kale Soup
Tomato Beef and Macaroni Soup		\$1.50
Pizza - BBQ Chicken		\$2.95
Panini - Liberty Wrap with sliced Steak, Onions, Pepper Jack Cheese wrapped into a Jalapeno Wrap		\$4.50
Calzone - Chicken Parmesan		\$3.95
Asian Grilled Chicken Salad with Cilantro Lime Dressing, Mixed Greens, Tomatoes, Bok Choy, Red Peppers, Peanut Sauce, Carrots and Shiitake Mushrooms		\$4.50
Vegetarian Style with Tempeh		\$4.50
Wednesday:	Corn Chowder	\$1.50
	Butternut Squash Soup	\$1.50
	Pizza - Hawaiian	\$2.95
	Panini - Kaiser Roll with Fajita seasoned Chicken Breast, Topped with Guacamole, Sliced Tomatoes and Pepper Jack Cheese	\$4.25
	Quesadilla - Beef and Black Beans, Pepper Jack Cheese and Southwestern Spice	\$3.50
	Ravioli filled with Mushrooms sautéed with Sundried Tomatoes, Kale, Red Peppers, Roasted Garlic, Wine, Vegetable Soup And Cream	\$4.50
	Thursday:	Beef Barley Soup
South Western Black Bean Soup		\$1.50
Pizza - Green Mountain with Ham, Sausage, Beef, Peppers, Onions, Sliced Mushrooms, Garlic, Herbs, Mozzarella and Parmesan Cheese		\$2.95
Panini - Tuna Melt on Tuna Salad topped with Swiss Cheese And Tomato on Rye Bread		\$3.95
Calzone - 4 Cheese with Herbs, Mushrooms, Pepperoni, Ricotta, Parmesan, Provolone, Mozzarella Cheese with Tomato Sauce on the Side		\$3.95
Caesar Salad with Romaine, Parmesan Cheese, and Croutons		

Tossed with Dressing Plain: \$3.50 with Chicken or Tempeh \$4.50

Friday:

Clam Chowder	\$1.50
Soup Du Jour	\$1.50
Pizza - Smoked Bacon with Pesto, Rosemary, Gorgonzola, Potatoes and Mozzarella Cheese	\$2.95
Panini - Smoked Turkey, Apples, BBQ Sauce with Cheddar On a Multi Grain Roll	\$4.25
Quesadilla - Chicken, Roasted Peppers and Onions, Cheddar And Salsa	\$3.25
Southwestern Grilled Flank Steak with Black Bean Corn Salsa, Chipotle Mashed Red Potatoes	\$4.95
Vegetarian Style with Tempeh	\$4.50