



**Harvest Café**  
**7 Days**  
**5:00 a.m. - 3:00 a.m.**  
**Week of November 16, 2009**

|                   |  |        |
|-------------------|--|--------|
| <b>Monday:</b>    | Chicken Gumbo Soup   | \$1.50 |
|                   | Vegetarian Split Pea Soup  | \$1.50 |
|                   | Chicken Chili  | \$3.00 |
|                   | Roasted Mixed Vegetables   | \$ .85 |
|                   | Beef Taco Salad with Boyden Beef, Lettuce, Tomatoes,<br>Roasted Peppers, Cheddar Cheese, Salsa and Sour Cream<br>With Tortilla Chips | \$4.50 |
|                   | Turkey Ham, Cheddar Cheese and Bistro Sauce on Foccacia  | \$4.25 |
| <b>Tuesday:</b>   | Bean and Kale Soup   | \$1.50 |
|                   | Tomato Beef and Macaroni Soup  | \$1.50 |
|                   | Beef Stew  | \$3.00 |
|                   | Roasted Green Beans  | \$ .85 |
|                   | Grilled Freebird Chicken, Fresh Basil, Roasted Vegetables<br>And Sun-dried Tomatoes in an Alfredo Sauce with Penne<br>Pasta          | \$4.50 |
|                   | Buffalo Freebird Chicken, Cheddar and Corn Relish Wrap   | \$4.25 |
| <b>Wednesday:</b> | Vegetarian Corn Chowder  | \$1.50 |
|                   | Butternut Squash Soup  | \$1.50 |
|                   | Chicken Tortellini   | \$3.00 |
|                   | Curried Cauliflower  | \$ .85 |
|                   | Vegetable Stir Fry served with Brown Rice  | \$2.95 |
|                   | Add VT Soy Tofu  | \$3.50 |
|                   | Add Chicken  | \$4.50 |
|                   | Spicy South Philly Beef Sandwich with Boyden Beef,<br>Roasted Peppers and Onions, Orange Chipotle Sauce,<br>and Pepper Jack Cheese   | \$4.25 |
| <b>Thursday:</b>  | Beef Barley Soup   | \$1.50 |
|                   | South Western Black Bean Soup  | \$1.50 |
|                   | Texas Black Bean Chili   | \$3.00 |
|                   | Roasted Asparagus  | \$ .85 |

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|                  | Homemade Macaroni and Cheese  | \$2.25 |
|                  | Add Broccoli  | \$2.75 |
|                  | Add Turkey Canadian Bacon   | \$3.25 |
|                  | Bistro Club with Turkey, Canadian Bacon, Tomatoes,<br>Cheddar and Chipotle Mayonnaise                   | \$4.25 |
| <b>Friday:</b>   | New England Clam Chowder  | \$1.50 |
|                  | Soup Du Jour  | \$1.50 |
|                  | Beef Tips   | \$3.50 |
|                  | Roasted Golden Beets  | \$ .85 |
|                  | Caesar Salad with Romaine Lettuce, Croutons, and Parmesan<br>Cheese tossed in Caesar Salad Dressing     | \$3.50 |
|                  | Add Chicken   | \$4.50 |
|                  | Veggie Panini with Roasted Garlic Hummus, Spinach, Tomatoes,<br>Roasted Red Onions and Balsamic Drizzle | \$3.75 |
| <b>Saturday:</b> | Cream of Broccoli Soup  | \$1.50 |
|                  | American Goulash  | \$3.00 |
|                  | Butternut Squash  | \$ .85 |
|                  | Chicken Chili Wrap with Roasted Red Onions and BBQ Sauce,<br>Onions and Pepper Jack Cheese              | \$4.25 |
| <b>Sunday:</b>   | Chicken Vegetable Soup  | \$1.50 |
|                  | Turkey Pot Pie with Biscuit   | \$3.00 |
|                  | Vegetable Medley  | \$ .85 |
|                  | Turkey Ham, Swiss and Honey Mustard on a Croissant  | \$4.25 |